13. Performance of soft tissue mobilization using biofeedback, electrical stimulation and internal pelvic floor muscle techniques vaginally or rectally by a PTA

Adopted – June 6, 2007
Reviewed – September 23, 2010, June 17, 2015, June 6, 2018
Updated - September 11, 2019

The NCBPTE determined that using biofeedback, electrical stimulation and internal pelvic floor muscle techniques to perform soft tissue mobilization vaginally or rectally are not entry level skills. However, under appropriate supervision, a properly trained physical therapist assistant can perform internal vaginal and rectal interventions.

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13. Performance of soft tissue mobilization vaginally or rectally by a PTA
Adopted – June 6, 2007
Reviewed – September 23, 2010, June 17, 2015, June 6, 2018

The NCBPTE determined that to perform soft tissue mobilization vaginally or rectally would require a continuous ongoing re-evaluation and reassessment that can only be performed by a physical therapist; therefore, it would not be appropriate for a physical therapist assistant to perform internal vaginal and rectal interventions.

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