Continuing Education Seminar Report

Attendee: Pat Hodson
Course Title: APTA PT NEXT Conference
Place: Charlotte, NC
Dates: June 1-14, 2014
Sponsored by: APTA

Listing and Summary of Courses Attended:

I attended a number of educational sessions and events. The Opening Event promoted the conference and informed attendees. The event used a talk show format to introduce the chair of program planning, Sky Donovan, Paul Rocker-APTA President, Cola Galloway-a featured speaker on pediatric mobility equipment, and the new CEO of APTA. Wingate University DPT students presented "Top 10 Reasons to Become a PT". Captain Mark Kelly, US Navy pilot, NASA astronaut, and husband of Gabrielle Gifford, former US Representative from Arizona gave a motivational address. He spoke about life challenges, having a plan, and goals. His work in the military and the space program is impressive, but I admire him most for being a care giver for his wife after her gunshot wound.

Strategies to Decrease Behavioral Distress During Physical Therapy Interventions-Two Wingate faculty were presenters and discussed signs of distress, coping, relaxation, breathing, counting down, self-statements, and memory alteration to help anxious patients prior to and during treatment.

45th Mary McMillan Lecture-James Gordon presented a thought provoking lecture on the role of physical therapy education programs in contributing to the body of knowledge in the physical therapy profession.

Face Into the Storm-Part II: MBAs presented business models for early mobilization in the ICU, physical therapists in the emergency department to avert admissions and refer to OP, and length of stay reductions in acute care, and a high volume total joint replacement program.

Integrated Clinical Education: Academic and clinical faculty from MCPHS University and Mercer University discussed ICE experiences for students in first year and second year DPT programs in Atlanta and Boston.

The Jigsaw Strategy-Docendo Discimus-GWU faculty presented use of the jigsaw approach, breaking down lecture and lab content for active learning in groups.

Collaborative Learning in Clinical Education-Benefits and Challenges: Florida Consortium for Clinical Education members were presenters and discussed strategies for making the 2:1 model work well in ICU acute care.

Motivational Interviewing: An OT and PT from Cincinnati Children's provided many strategies for improving adherence with HEPs and for providing information about health conditions to patients.

I also visited vendors and recruiters in the exhibit hall and presented a poster during the poster session.

Recommendations to the Board: It is beneficial for Board members to attend APTA national conferences to network with leaders in the profession as well as other attendees/licensees so that Board members can stay abreast of current practice issues, education, and clinical education issues that can impact issues in licensure. Thank you for this opportunity.

Signature: Patricia Hodson Date: June 17, 2014
Continuing Education Seminar Report

Attendee: Leslie P. Kesler, PT
Course Title: APTA NEXT
Place: Charlotte, NC
Dates: June 11-14, 2014

Sponsored by: American Physical Therapy Association

Listing and Summary of Courses Attended:
- 6/11/14 Opening Reception and Event, Keynote Speaker Captain Mark Kelly
- 6/12/14:
  - Face Into the Storm Parts 1, 2, 3
  - 45th Mary McMillan Lecture by James Gordon: If Greatness is Goal
- 6/13/14:
  - PTs and PTAs as Public Health Advocates: A Moral Imperative
  - 19th John HP Maley Lecture by Andrea Behrman: I Never Thought That I would Need to Child Safety-Proof My Home
  - A Payment Culture Shift: Transforming From a Fee-For-Service to a Value-Based model
  - Emerging Issues in Medicare and Health Reform
  - The Oxford Debate
- 6/14/14
  - Dry Needling: Scope of Practice
  - Dry Needling: Background Evidence
  - FIRST (Frontiers in Rehabilitation Science and Technology): Telehealth

Summary:
There were some great presentations about a wide range of topics. The research and evidence-based practice is tremendous in physical therapy and there are many innovative practices that are improving the lives of patients.

Some interesting points:
- We have a lot of data but not always the best of using it to drive decisions that improve practice and safety. Reimbursement issues, with consumers and payers driving practice as there are incentives to look at cost and outcomes based on data. Thresholds for performance are going to drive the profession. Availability of resources is also a key.
- In the McMillan lecture, it was stated that physical therapy has multiple small schools compared to medical, dental, and pharmacy schools; the argument was made that schools need to consolidate to increase size of programs, increase faculty size to be better able to do research and drive the future.
- Significant changes are expected to the 97000 CPT codes to be effective 1/1/16. The final proposal is expected in February 2015. Pilot testing has started.
The presentation on telehealth was very interesting and demonstrated its increasing role and application as a tool to promote patient care. Characteristics of sound telehealth programs include technical efficacy, diagnostic accuracy, therapeutic/outcome efficacy, societal efficacy.

The dry needling lectures were helpful in giving me a better understanding of the technique and why there should be no confusion that it is similar to acupuncture, other than in the use of needles.

The best lecture was the Maley lecture — it was inspirational and thought provoking. The role of activity-based therapy in neuro-rehabilitation is leading to new knowledge about neuroplasticity and recovery after spinal cord injury.

Recommendations to the Board

In one of the presentations, the data strongly supported home health as the provider that was most cost effective for best outcome and suggested that this field be expanded even further. Home health has a high rate of investigations compared to other practice settings, so this may be something to keep an eye on.

Thank you for giving me the opportunity to participate in great education event. It was very energizing to be surrounded by so many skilled and engaged professionals.

Signature: Leslie P. Kesler, PT
Date: 6/16/14
Continuing Education Seminar Report

Attendee: David Reed

Course Title: APTA NEXT

Place: Charlotte, NC

Dates: June 12-14, 2014

Sponsored by: APTA

Listing and Summary of Courses Attended:

Mary McMillan Lecture – The future of academic PT: proliferation of small programs to meet demand for PTs: guru based training vs. evidence-based training and the need to pursue evidence based.

Improving Wellness and Health in an Increasingly Sedentary Culture... US Military's use of educational and initiatives re: activity, nutrition, and sleep and the role they play in injury prevention.

Macleay Lecture – Probably the most profound lecture that I've ever seen. Centered on research for SCI children who, with the "old" model of thinking, would have been/were taught compensation strategies to live with their SCI. These children became functional ambulatory using applied research done through U. of Louisville.

Moving from a FFS to a Value-Based Model – Navigating the changing landscape of healthcare and understanding what it means to provide value-based care. Reviewed APTA's 3x3 payment model with evidence basis.

PTs and PTAs as Public Health Advocates - Focused on the social responsibility of PTs/PTAs to advocate for the disable in the breaking down of barriers (not only physical, but contextual as well) knowing how to ride a bike growing up on the 8th floor of a Brooklyn apt).

Recommendations to the Board

Did not appear to be any issues presented that would have direct impact on licensure or regulatory issues as they currently stand. However, the McMillan lecture was interesting from the standpoint of the proliferation of smaller PT/PTA programs to meet societal demand without the breadth and depth of larger academic programs. How would this be reflected in the NFTE and in clinical practice?

Signature: [Signature]

Date: June 24, 2014